



### **Message of SG SAAP 2023-2024**

I am grateful to Executive Committee of Pakistan Physiological Society, especially Prof. Umar Ali Khan (President PPS) and Prof. Muhammad Aslam (Founder member of PPS and SAAP Advisor) for my nomination as the GS SAAP followed by endorsement by all the SAAP Advisors. The vision of my mentor and father of SAAP Prof. Arif Siddiqui (RIP) invested in me keeps me running on my toes.

I pledge to bridge the gap between SAAP member societies through active academic and research collaboration and to promote friendship beyond borders. I am glad to announce that the Physiology education subcommittee of SAAP has already announced its first collaborative hybrid session and Research subcommittee is in the process of activation.

It is my wish to take SAAP to next level by working towards establishment of Physiological societies in Bhutan, Afghanistan and Maldives. I have inherited this dream from the father of SAAP and obtained the kind approval of the Health Minister of Afghanistan on it during his recent visit to University College of Medicine and Dentistry (UCMD), The University of Lahore (UOL), Pakistan.

After 3 years of dedication and publication of 12 issues of SAAP Bulletin, Prof. Piyusha Atapattu is going to delegate to the newly nominated editorial board after the current issue of February 2023. It is a matter of pleasure that the new SAAP Editorial board has been nominated which will take charge from now onwards with kind support of Prof Piyusha as the Advisor.

So far 8 biennial SAAP conferences have been held, out of which the 6<sup>th</sup> one was conducted by me as the organizing secretary and my dynamic Physiology department of UCMD, UOL, Pakistan with support from Prof. Arif Siddiqui and Prof. M. Aslam as the Chair and Co-chair respectively. I have been participating in the activities of SAAP since the 1<sup>st</sup> SAAP conference held at Islamabad, Pakistan in 2008 with a closer association as VP SAAP from Pakistan in 2021-22.

We aim at getting SAAP registered with SAARC to bring peace and academic prosperity in South-Asian region. Due to active involvement in IUPS, FAOPS and APS, along with close collaboration with our international adjunct advisors, we aim at global standardization of Physiology teaching and learning as well as research. I believe in the leadership and companionship of my mentor and friend Prof. Mangala Gunatilake. Along with the support of the dynamic executives of member societies (BPS, PSN, PSSL, PSI and PPS), and most importantly by the grace of Allah Almighty, all these goals will materialize within these two years (2023-2024).

Prof Dr Samina Malik  
SG SAAP