

LETTER FROM PRESIDENT, SAAP

Dear Undergraduate Students of South Asia,

It is with great pride and heartfelt warmth that I welcome you to the Undergraduate Wing of the South Asian Association of Physiologists (SAAP). As President of SAAP, I congratulate you on taking this important step toward becoming part of a vibrant, intellectually rich, and forward-looking regional academic community.

I am grateful to the initiative of Muhammad Bin Muddassir, the founder president of SAAP UG Wing for writing this history with me. South Asia is home to immense diversity, talent, and potential. Our undergraduate students represent the future of physiology, medicine, biomedical sciences, and health research in this region. By joining SAAP at this formative stage of your academic journey, you are choosing to grow beyond classrooms and textbooks, to engage in collaboration, curiosity, critical thinking, and compassionate science.

The Undergraduate Wing of SAAP has been created especially for you, to provide a platform for:

- Early exposure to research culture and scientific inquiry;
- Participation in webinars, workshops, journal clubs, and conferences;
- Networking with peers, mentors, and international experts;
- Developing leadership, communication, and academic professionalism;
- Contributing to regional discussions on health, education, and innovation.

At SAAP, we believe that learning is strongest when it is shared, and growth is most meaningful when it is inclusive. You will be encouraged to ask questions, challenge ideas respectfully, and explore physiology as a living science that directly impacts human health and society.

I urge you to be active members, participate with enthusiasm, uphold academic integrity, respect diversity, and support one another across borders. Let SAAP be a space where ideas flow freely, collaborations flourish, and lifelong professional friendships begin. On behalf of the SAAP Executive Council, I once again welcome you to this academic family. We look forward to witnessing your ideas, your energy, and your excellence shape the future of physiology in South Asia and beyond.

With best wishes for your academic journey,

Prof. Samina Malik

President,

South Asian Association of Physiologists

“The future of science belongs to those who begin early, think deeply, and work together.”